














# SPRING MENU 2022

-  Added Plant Power
-  Vegan
-  Wholemeal




**Week 1**  
03/01/2022  
24/01/2022  
14/02/2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheese & Tomato Pizza with New Potatoes	Sausage Roll with ½ Baked potato	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Beef Spaghetti Bolognese 	MSC Fish fingers with Chips and Tomato Sauce
Option 2	Macaroni Cheese	Tomato, Lentil pasta bake 	Roasted Quorn with Roast Potatoes and Gravy	Vegetable sausage hotdog with Potato Wedges 	Cheese & Tomato Pinwheel with Chips
Option 3	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans
Vegetables	Green Beans Carrots	Peas Sweetcorn	Cauliflower Savoy cabbage	Carrots Broccoli	Baked Beans Garden Peas
Dessert	Cake with Custard 	Oaty Cookie 	Mandarin Jelly 	Pineapple Sponge	Apple, Cheese and Biscuits
Or a choice of Yoghurt & Fresh Fruit available daily					

**Week 2**  
10/01/2022  
31/01/2022

Option 1	Cheese & Tomato Pizza with New Potatoes	Sausage & Mash	Roast Pork with Roast Potatoes and Gravy	Mediterranean Chicken with Rice  	MSC Fish in Batter with Chips and Tomato Sauce
Option 2	Vegetable Tagine with Couscous  	Roasted Cauliflower Curry with Rice  	Roasted Quorn with Roast Potatoes and Gravy	Vegetable Lasagne	Vegetable Pasty with Chips
Option 3	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans
Vegetables	Peas Sweetcorn	Carrots Green beans	Broccoli Carrots	Sweetcorn Savoy Cabbage	Baked Beans Garden Peas
Dessert	Cake with Custard 	Lemon Drizzle Cake	Chocolate Shortbread 	Peach Pudding with Custard	Apple Flapjack  
Or a choice of Yoghurt & Fresh Fruit available daily					

**Week 3**  
17/01/2022  
07/02/2022

Option 1	Cheese & Tomato Pizza with New Potatoes	Beef Burger with ½ Baked potato	Roast Gammon with Roast Potatoes and Gravy	Chicken, Pie with Mashed Potatoes 	MSC Fish fingers with Chips and Tomato Sauce
Option 2	Vegetable Hotdog	Shepherdess Pie 	Roasted Quorn with Roast Potatoes and Gravy	Vegetable Pasta Bake	BBQ Quorn with Chips
Option 3	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans
Vegetables	Broccoli Sweetcorn	Garden Peas Carrots	Swede Broccoli	Green Beans Cauliflower	Baked Beans Garden Peas
Dessert	Cake with Custard	Vanilla sponge with chocolate sauce	Fruity Shortbread 	Pear & Chocolate Cake and Custard	Iced Sponge
Or a choice of Yoghurt & Fresh Fruit available daily					

## Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

## ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.